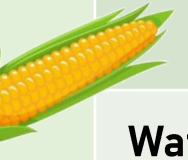
LUNCH MENU – WEEK 1

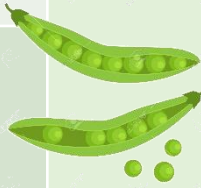
9th Nov & 30th Nov

Harbour Schools Partnership
A guiding light for education

Available Every Day - Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk and Water .
All Special Diets catered for please speak to your schools Kitchen Manager for advice.




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Pizza	Beef Lasagne & Garlic Bread	Chicken & Stuffing	Jumbo Breaded Fish Finger	(Cheese) Butchers Beefburger in a Bun
Veggie Sausage	Curried Noodles with Quorn Pieces	Cauliflower Bites	Feta & Potato Puff Tart	Veggie Nuggets
Jacket Potato with Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese & Beans
Egg Mayo Sandwich	Cheese & Tomato Sandwich	Tuna Mayo Cucumber Wrap	Sausage Roll	Ham Sandwich
Pasta, Corn on the Cob or Carrot Sticks	Peas or Cucumber Sticks	Roast or Mash Potato, Seasonal Vegetables & Gravy	Potato Wedges, Baked Beans or Peas	Chips or Pasta, Sweetcorn, Salad & Tomato Ketchup
Waffles with Summer Berries & Syrup	Pip Organic Lolly	Ice Cream Pots	Lemon Drizzle Cake	Fruity Shortbread

LUNCH MENU – WEEK 2

16th Nov & 7th Dec

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Available Every Day - Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk and Water .

All Special Diets catered for please speak to your schools Kitchen Manager for advice.

MONDAY	TUESDAY	WEDNESAY	THURSDAY	FRIDAY
Tomato & Cheese Pasta Bake	Chicken Tagliatelle & Garlic Bread	Toad in the Hole (Butchers Pork Sausage & Yorkshire Puddings)	Butchers Pork Meatballs in Tom. Sauce served in a Finger Roll	Breaded Fish Fingers
Quorn Bolognaise	Cheese Pizza Baguette & Potato Wedges	Veggie Toad in the Hole (Veggie Sausage & Yorkshire Pudding)	Cheese Wheel	Veggie Nuggets
Jacket Potato with Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese & Beans
Egg Mayo Sandwich	Ham Sandwich	Tuna Mayo Bap	Sausage Roll	Cheese Sandwich
Crusty Bread, Diced Carrots or Salad	Corn on the Cob or Salad	Roast or Mash Potato, Fresh Seasonal Vegetables & Gravy	Potato Wedges & Mixed Vegetables	Chips or Pasta, Sweetcorn or Salad & Tomato Ketchup
Fruit Iced Smoothie	Fresh Fruit Platter	Pineapple Cake	Cookie	Chocolate & Date Krispie Cake

LUNCH MENU – WEEK 3

2nd Nov & 23rd Nov. 14th Dec

Harbour Schools Partnership
A guiding light for education

Available Every Day - Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk and Water .

All Special Diets catered for please speak to your schools Kitchen Manager for advice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni Cheese & Garlic Bread	Chicken & Butternut Squash Curry & Rice	Roast Gammon & Pineapple	Salmon & Broccoli Pasta Bake	Breaded Fish Fillet
Sweet Chilli Halloumi Wrap	Quorn Stir Fry & Noodles	Vegetable Wellington	Vegan Sausage Roll & Potato Wedges	Veggie Nuggets
Jacket Potato with Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese
Egg & Lettuce Sandwich	Pizza Muffin	Cheese & Tomato Sandwich	Ham Sandwich	Tuna Mayo & Cucumber Wrap
Sweetcorn or Carrot Sticks	Peas or Green Beans	Roast or Mash Potato, Seasonal Vegetables & Gravy	Corn on Cob or Cucumber Sticks	Chips or Pasta, Peas or Salad & Tomato Sauce
Fruit Crunch Pot	“ABC” Cake	Ice Cream Pots	Cookie	Vegan Chocolate Brownie